

2015-2016 OMHA Minimum Suspension List

The following are minimum suspensions that shall be imposed for infractions, which occur in all OMHA exhibition, league, and play-off games, during the current playing season for Minor Hockey. Note that these suspensions are over and above any imposed by Hockey Canada rules.

Notice re: Clarifications

These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstance warrant.

It is the responsibility of each team manager and / or coach to ensure their players serve their appropriate suspensions. When in doubt as to the relevant suspension, contact the association office. If unable to contact the Association office, sit player(s) in question out until clarification can be obtained. These suspensions are in addition to game incurred.

Match Penalty reports will be forwarded to the appropriate OMHA Regional Director for review and suspension assessment.

M = Misconduct	GM = Game Misconduct	MP = Match Penalty	GRM = Gross Misconduct	
Misconducts & Game Misconducts		H.C. Rule	Suspension	
M10	Throwing Stick Over Boards	9.8 (d)	0 Games	
M11	Refusing to Surrender Stick for Measurement	3.3 (f)	0 Games	
M12	Player Interference/Distracton During Penalty Shot	4.9 (f)	0 Games	
M13	Goalkeeper Violation/Infraction During Penalty Shot	4.9 (f)	0 Games	
M14	Equipment/Facemask Worn Incorrectly	3.6 (d, f)	0 Games	
M20	Disputing Call of Official	9.2 (a)	0 Games	
M21	Harassment of Official/Unsportsmanlike Conduct	9.2 (b)	0 Games	
M22	Inciting	9.2 (e)	0 Games	
M23	Entering Referee's Crease	9.2 (g)	0 Games	
M34	Failure to go to the Player's Bench or Neutral Area	6.7 (f)	0 Games	
M35	Failure to go directly to Penalty Bench	9.2 (d)	0 Games	
GM20	Disputing Call of Official	9.2 (a)	3 Games	
GM21	Disputing Call with Official: Verbal Abuse of a Game Official	9.2 (b)	3 Games	
GM26	Second Misconduct – Same Game	4.5 (c)	1 Game	
GM28	Interference from the Bench	7.3 (c, d)	2 Games	
GM30	Fighting			
	1 st Offense	6.7	2 Games	
	2 nd Offense	6.7	4 Games	
	3 rd Offense	6.7	8 games	
	4 th Offense	6.7	Indefinite*	
GM31	2 nd Fight, Same stoppage of play (3 rd , 4 th , etc...)	6.7 (h)	3 Games	
GM32	Player(s) 3 rd , 4 th , 5 th Player into Fight	6.7 (h)	3 Games	
GM33*	Leaving the Players bench or Penalty Box	9.5 (a, b, c)	4 Games	
GM33*	Coach whose player is penalized under GM33 and/or GM34	9.5 (a, b, c)	4 Games	

GM34	Leaving the Penalty Box to start a fight	9.5 (a)	5 Games
GM35	Coach whose player is not identified as the first to leave the players' or penalty bench during an altercation	9.5 (i)	2 Games
GM36	Instigator of a Fight (Minor + Game Misconduct)	6.7 (b)	
	1 st Offense	6.7 (b)	1 Game
	2 nd Offense	6.7 (b)	3 Games
	3 rd Offense	6.7 (b)	4 Games
GM37	Aggressor of a Fight (Minor + Game Misconduct)	6.7 (b)	
	1 st Offense	6.7 (b)	1 Game
	2 nd Offense	6.7 (b)	3 Games
	3 rd Offense	6.7 (b)	4 Games
GM39	Hair Pulling, Grab Face Mask/Helmet/Chin Strap (Major + Game Misconduct)	6.1 (d)	2 Games
GM40	Elbowing/Kneeing (Major + Game Misconduct)	6.6	2 Games
GM50	Checking from Behind (Minor + Game Misconduct)	6.4 (a)	1 Game
GM51	Checking from Behind (Major + Game Misconduct)	6.4 (a)	3 Games
GM53	High Sticking (Major + Game Misconduct)	8.3 (a, b)	2 Games
GM54	Cross Checking (Major + Game Misconduct)	8.2 (a, b, c, d)	2 Games
GM55	Slashing (Major + Game Misconduct)	8.4 (a, b)	2 Games
GE56	Game Ejections	4.6	0 Games
GM57	Boarding (Major + Game Misconduct)	6.2	2 Games
GM58	Body Checking (Major + Game Misconduct)	6.2	2 Games
GM59	Charging (Major + Game Misconduct)	6.3	2 Games
GM64	Verbal Abuse/Gestures/Taunting of or by any Team Official or Player	9.2(a, b)	3 Games
GM68	Kick Shot (with injury Major + Game Misconduct)	9.4	2 Games
GM71	Head Contact (Major + Game Misconduct)	6.5 (b, d)	
	1 st Offense	6.5 (b, d)	3 Games
	2 nd Offense	6.5 (b, d)	4 Games
	3 rd Offense	6.5 (b, d)	6 games
GM73	Tripping (Major + Game Misconduct)	7.4 (a, b)	2 Games
GM74	Interference (Major + Game Misconduct)	7.3 (a, b, e)	2 Games
GM75	Holding (Major + Game Misconduct)	7.1 (a, b)	2 Games
GM76	Hooking (Major + Game Misconduct)	7.2 (a, b)	2 Games
GM77	Roughing (Major + Game Misconduct)	6.7 (k, i)	2 Games
GM78	Goaltender Drop Kick Puck (with injury – Major + Game Misconduct)	4.11 (f)	2 Games
GM79	Refusing to Start Play (Coach – Major + Game Misconduct)	10.14 (a)	Indefinite*
GM80	Team Official Interference/Distracton during Penalty Shot	4.9 (f)	1 Game
GM81	Leaving the Bench without Clearance from the Referee (Assessed to coach if altercation results in penalties at end of game)	9.5 (i)	2 Games
GM99	Any other GM not listed in regular time, in overtime, or at the conclusion of the game and prior to the player or team official entering their dressing room	4.6(c)	1 Game

Gross Misconducts

GRM60	Travesty of the Game	4.7	3 Games
GRM61	Obscene Gesture	4.7	3 Games
GRM62	Removing Helmet and/or chinstrap	3.6 (c)	3 Games
GRM63	Discriminatory Slur	9.2 (f)	7 Games
GRM66	Head Butt – Team Official (Double Minor + Gross Misconduct)	6.1 (b)	3 Games
GRM67	Butt End – Team Official (Double Minor + Gross Misconduct)	8.1	3 Games
GRM68	Spearing – Team Official (Double Minor + Gross Misconduct)	8.5	3 Games
GRM69	Goaltender Refusing to remove mask for Identification	3.5 (d)	3 Games
GRM99	Any other GRM not listed in regular time, in overtime, or at the conclusion of the game and prior to the player or team official entering their dressing room	4.7(c)	3 Games

Match Penalties

MP24	Threatening an Official	9.6 (a)
MP25	Physical Abuse of an Official	9.6 (b, c)
MP29	Spitting	9.7
MP38	Fighting – Ring or Tape on Hand(s)	6.7 (e)
MP40	Attempt to Injure	6.1
MP41	Deliberate Injury	6.1
MP42	Butt Ending	8.1
MP43	Grabbing Face Mask / Helmet / Chin Strap	6.1 (d)
MP44	Hair Pulling	6.1 (d)
MP45	Kicking	6.1 (c)
MP46	Spearing	8.5
MP47	Head Butting	6.1 (b)
MP48	Kneeing	6.6
MP52	Checking from Behind	6.4
MP57	Boarding	6.2
MP58	Body Checking	6.2
MP59	Charging	6.3
MP71	Head Contact	
	1 st Offense	6.5 (d, e)
	2 nd Offense	6.5 (d, e)
MP99	Any other MP not listed in regular time, in overtime, or at the conclusion of the game and prior to the player or team official entering their dressing room	4.6(c)

* GM33 – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving GM33, coach not to be ejected as a result of this penalty being assessed